

JUNE 2014

FREE

# THE WHOLE PERSON MAGAZINE

TOOLS TO EXCAVATE, ELEVATE, ILLUMINATE & LOVE

## Wayne Perry

Author, Musician,  
Spiritual Teacher  
& Sound Healer

The Path  
Is Seldom  
Straight

Does My Cat  
Want an Abortion?

How Do  
I Know  
It's Real?

CALENDAR OF EVENTS IN SOUTHERN CALIFORNIA



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next day. I took an x-ray of my kidneys and the doctor said your stone is gone. I had the doctor analyze it, it was made out of calcium oxalate like most stones. Some are uric acid but most are calcium oxalate. That was the first validation that I had of the power of the human voice.

**WP:** Sound.

**W:** Not just sound, but the human voice. And then I started reading some books on toning. I started concentrating the sound on my kidney because I did not want to focus on kidney stones, I want to get to the source of it. So that started my journey. I never had kidney stones again. I had chronic knee pain and I healed that.

**WP:** Wayne Perry speaks about that process in his book *Sound Medicine*, because he has essentially gone through his entire body and cured a lot of different issues for himself as well as a host of other people. And I want to speak to the issue that he has been around here West L.A., West Hollywood area doing healing course work, doing one-on-ones. And he has been at all the big events, Conscious Life Expos and other events and for those of you who have not heard of him, make the contact. He does some intro classes at his studio in West Hollywood. Now I want to come to a place that I come to with virtually everybody, and the question (since the interview is for the *Whole Person Magazine*): is Wayne Perry a whole person?

**W:** Well I hope to be, I don't know if anybody in this dimension is completely whole. We are imperfect beings, but that is what I aspire to, and it is the whole voice; I call it that in my book, it is the whole person in a sense, I think. That is the goal that is only achieved through devotion to spirit and the sound current which is in every human being, and to get to that place which is to meditate and get to that place to surrender to God, to surrender to the sound current which took me many years to do. All the years of practice that you are talking about, I have told the story that I have learned, I have traveled, I have done the

workshops, even in England, in Egypt, in Italy and Japan and all over the world, and had done these workshops and expos. In the mid-to-late 90's, I even brought out a DVD and I was featured on CNN, and that was my heyday of bringing some awareness to the public. Because initially people would laugh, and it took me 15 years or so to really establish some credibility. But the real, real story is when I was able to surrender. I did not know I had control issues. I had fear and anger issues and I had stuff that I was so busy taking care of everyone else I was not addressing that.

**WP:** And the story that you want to share and understand and follow is about how this process brought you and your voice into a very different space.

**W:** Right, and two near death experiences that I had.

**WP:** That is remarkable.

**W:** It was a severe car accident where my legs were broken, and my hand, and I was in the hospital in rehab, and I had lung diseases and oxygen tanks in the back of my car. I was on oxygen for two and a half years and doing seminars and workshops with my tanks in the car, because who is going to listen to a healer with tubes in his nose. But I had developed that because I had hepatitis C and it was wrecking my liver and I felt like a hypocrite talking about healing when I had hepatitis C. So I go back to my car and I am hitting up on oxygen, but after the accident it put me in rehab and I had to focus on myself. I healed the lung disease and I took the tubes out of my nose, and then there is this call from the doctor who said, "He won't put the tubes in." And I said, "My lungs are fine." He tested me every couple of hours and this was in July and August of 2010, I have not been on oxygen since. I had pulmonary syndrome and the doctors had no explanation for it, and then I healed my hepatitis C that I had been diagnosed with in 2001, I had no symptoms of. I was a vegan and I was healthy, and I did not go to doctors, and I had no symptoms. Little did I know that it had destroyed my liver. I had cirrhosis of

the liver, but I had no symptoms. They told me that it was incurable and there was an epidemic. I don't know if you are aware of it, but they have guesstimated that people have had hepatitis that doctors, and we, do not see. There is an epidemic in which they estimated that over 8 million people had hepatitis C. I told them I can deal with this and they laughed at me. They took labs every week for two months, the doctor is whispering to the nurse, I said, "Tell me what is going on?" We don't see the hepatitis C in your body, but we know that it is in there somewhere. We are going to go in there and do more extensive lab work." They couldn't find it. They told me that I was the first case that they knew of where the hepatitis C was gone and was healed. They did not acknowledge that I healed it, but they referred patients to me and still do until this day. They send me patients from time to time, and they were referring patients and I just worked with a Russian doctor. She was freaking out. They used to think that it was sexually transmitted, and now they know that it isn't. I put people on sound prescriptions, so to speak.

**WP:** So quite a remarkable story of the healing of Wayne Perry through this process and a living proof of the efficacy of it, how this process has incredible curing powers. I want to close by saying that I invite everyone to pick up the book, perhaps make a point to see him at one of his seminars. He is quite remarkable, and I want to say to you, Wayne Perry, how I really appreciate this dedication that you have had on your journey. There are a lot of events that could have come up, that could have side tracked you, but you stayed on the path until this day. It has created an opportunity for us readers of the magazine to also embrace the beliefs and the tools that you have, and I want to say thank you for sharing and thank you for the interview.

**W:** Thank you for your time and understanding, and being willing to interview me and hopefully it will inspire someone.

**WP:** It has inspired someone already, there is no question about it. So thank you again.



sponsors and doing these shows and this is what brought me to sound. I had Sharry Edwards on my show who founded BioAcoustics, which is the study of frequencies that emit from living organisms. I was skeptical of the claims about healing cancer. But it was fascinating to check out.

**WP:** This is what brought you closer to solidifying your relationship with sound healing?

**W:** Yes. She invited me to her hotel. She hooked me up to some machine and she is playing all of these frequencies. I felt it through my whole body. I am seeing light. I am feeling euphoria. It fascinated me.

**WP:** So then that led you to investigating that process?

**W:** I learned how to operate the sound machine, the frequencies of the elements and the periodic table and it was very left brain. I was reminded of a quote by Edgar Cayce from the 1950's, "Sound will be the medicine of the future." I devoted all my time to learning sound healing, I did it for free for five or six months.

**WP:** It eventually bought you to a place of creating a book.

**W:** Well, I realized that if I am serious I have to start charging and making business cards and that is what I did. And I eventually pioneered the work because of research that indicated, of all the sounds on the planet they tested people using blood pressure oxygen saturation, brainwave studies, sound machines, musical instruments and environmental sounds everything and at the end of the research the most profoundly effective sounds on the human body were the multiple and overtones and harmonics of the human voice.

**WP:** Oh, very interesting!

**W:** It was four times better than the sound machine I was using. And then I learned from scientists around the country that they knew this research that I had discovered, but they were not publicizing it, that the human voice was the most powerful instrument. But rath-

er than using the voice, because I queried these scientists, I talked to some of these scientist, William Tiller.

**WP:** William Tiller, yes I've met him, an amazing man.

**W:** And I talked to some of these other scientists. And I said if you guys are aware that the voice is the most powerful sound affecting the human body why are you not promoting the voice and getting involved in this research? Why are you dealing with these ma-



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chines and stuff? And I found that this SMAD 5449 (which stands for Self Management Auditory Device) machine is mimicking the frequency wave pattern of the human voice, which is unique. If you look at the human voice on the oscilloscope, it looks kind of like a mountain top, it keeps changing and it is unpredictable and all they did was create a synthesizer tone generator, but the difference was that it created this complex wave form pattern. And therein was the secret to Sharry's success. And when I researched it, I got to interview and talk to some of these people that had fatal diseases, severe environmental disease, allergies, cancer, some amazing

things, and it blew my mind that they had turned things around with this sound machine. I was so passionate learning this technology and doing this work for free. And then I find this out and I ask the scientist why, and they give me two responses that totally took the wind out of my sails at that time, although later it changed my whole career direction.

**WP:** So I want to bring this closer to your experience briefly, as you embarked upon this journey, as you learned more and more about the voice.

**W:** Well, that was the profound journey that changed my life, because the answers they gave me indicated they did not know or understand the voice. They wanted to create a Unified Field Theory that could be reproduced in the laboratory, which did not make sense to me, but that was the first answer. The second thing that they said was that people and their experience(s) don't have enough knowledge for the human body, let alone the human voice. They are more impressed with blinking red lights and view meters, and sliders and technology that was coming into a lot of popularity. This just blew my mind and it just turned me off. I did not know what to do for a month or so. I was questioning whether I should go back to sing or something else, I didn't know. And then I realized that this could be a plus. I have a background in voice and if the human voice is powerful, let me learn this. I have never read a book on toning or anything like this. And I had these chronic kidney stones for several years. I had this kidney stone attack. So I started breathing, meditating and doing yoga and breathing, and things that I knew to help pain. And these sounds started coming through me. I did not know they were coming through me at first, I thought they were coming from behind me. And what I did not realize at the time is that they were overtones, I had never done it is a singer so I just kind of went with it. They went up and I would continue again. After about half an hour I went to the bathroom. After a while I stand there taking a leak and I passed the kidney stone. It was hard for me to believe, but I fished it out of the toilet and I had the stone analyzed. I sent it to the medical center the



with Aretha Franklin. We were doing sort of jazzy versions of Motown songs. We had an agent and we worked some gigs, but it was tough.

**WP:** Had to work a day job?

**W:** Yes, took a job in a clothing store, then I started driving a taxi cab. We rehearsed and played gigs. It was a grind. Kathy was nursing, we juggled our schedules, but something happened with her. She went south. She was taking pills. I would end up having to take care of the kids. It was just getting crazy.

**WP:** Are you together today?

**W:** Oh no. She wanted this dominated male figure. I use to be like that, I began looking how to become more spiritual, how to honor women. I was looking for her to be responsible and I was frustrated. We were married seven years and after six years and her step daughter, you know the five year old is now thirteen years old and she catches her mother with a friend of mine, in the alley making out. It broke my heart. We had to split up.

**WP:** And when you did that did you take your daughter?

**W:** No, I felt so guilty about having my daughter and even my step daughter that I loved. I just felt that I had to go back. She changed like night and day. She did not want me around. I was just devoted to the kids. She put up a restraining order against me. She turned into this monster, I lost almost everything. I lost it and went out on my own.

**WP:** This is in your late twenties or early thirties?

**W:** Yes, basically, late twenties. I moved in with some friends out in the country. I could just meditate and I was celibate, I could heal myself. It took me two years to heal. Then I met this girl who played piano and we became friends. She was talented. That is how I got back into music. I actually put a band together and I now I have a lot more confidence.

**WP:** What was the name of your second band?

**W:** The second band was earlier called Uranus but then the next band was called the Wayne Parry Project. We played around lounges.

**WP:** Did you feel like you were pursuing your musical career and pursuing your spiritual path simultaneously?

**W:** Yes! The guys in the band use to make fun of me with the beer and the groupies and the pot. I was not into it. I



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didn't want to be on the road. I wanted to be with my daughter, we got very close. I went back to Chicago and found a band. It was an income stream. So in the daytime a couple of friends of mine started the Vegetarian Health Society. They manufactured vegetarian meat substitutes. Their big product was a low calorie cookie, vegetarian. The long and short of the story is, I find out these guys are putting sugar in the cookies. I started to distrust them.

**WP:** Oh, certainly. So, they capitalized on the name.

**W:** They were advertising this 21 Calorie Cookie.

**WP:** You were passionate about going out and selling it as that and it turned out to be something very different.

**W:** Exactly, it hurt my heart. I thought these were my friends. I had some conflicts with them. I took two weeks off and I came out to Los Angeles in search of the proverbial record deal. I meet this beautiful blond, she was so sweet, it was love at first sight. She came out to Chicago to meet my friends.

**WP:** Did it eventually lead to marriage?

**W:** No. Didn't happen.

**WP:** So you're in L.A., were you are creating a career? So tell me what year and what time you began to crave the idea of teaching and healing, doing that type of work?

**W:** I was doing a radio show. Then I went to Vegas for a little awhile, I was singing with a ten piece band at the Rivera. But I decided to go back to L.A. to get this radio gig. I ended up getting my own spot, I got to advertise KCLA FM with my station. I became a music critic and film critic. They gave me this little show, I had two shows and I was always into metaphysics. I wanted to do something cutting edge and so I started Star Touch and I interviewed some celebrities, but I wasn't interested in being the next Arsenio Hall or Jay Leno. I took a risk and I changed the name of the show from Star Touch to Heart Torch. I got Timothy Leary to come on the show. He was such a hard interview. But by the end of the interview he gave me a hug and said you know this is the best interview I have ever done. So I really decided to go with the show.

**WP:** I think that was fantastic that you were able to hold a space for him just so he could be who he was and not be the critic that many other people had been for him. You did a wonderful job inviting him to be transparent, to show himself in a very different way. That's beautiful.

**W:** Well it inspired me. I started to make phone calls, for healers, psychics, channelers, anyone cutting edge. I set this precedent, bringing in my own



**W:** There is a book called Path of the Masters by Dr. Julian Johnson that was an amazingly inspiring book. Also that in India there are probably more gurus than there are disciples.

**WP:** There were lots of avatars roaming the earth, perhaps as many as there are now.

**W:** But you had to find the real ones, the real ones don't advertise. And he talked about his teacher who brought sound meditation to the U.S. I think back in 1930's and 40's and out of that Eckankar, and other paths came. I started reading about his life and his books were so filled with truth and inspiration. I learned that the present master who took on the sound current mastership was coming to America; I went there with my wife. We could not believe, we both started spontaneously crying and saw this light emanating. I committed to the path; it's been close to 40 years.

**WP:** I wanted to say that it is quite a remarkable commitment. You were ingesting all of this information; it was really resonating with you. So why do you think that happened for you?

**W:** Well I could say that it was karma. I started meditating every day and it was like I was licking a stone. I tried but I was not getting it. I sat down again and meditated and something opened up, this light opened, I felt myself being sucked in. It scared the shit out of me. Then it left.

**WP:** Well, you got a taste, a huge invitation to continue taking steps.

**W:** Right, and every time I was ready to toss it, I had an experience like that. It was about opening the heart to love.

**WP:** Beautiful! So was your wife supportive? She encouraged you to participate and meditate to pursue the path?

**W:** Initially she was. When I first discovered the books that I started looking into we were not married. We were kind of living together. I was in love with this other girl. She shows up when Kathy and I are living together and we are getting very close. Kathy who became my wife was just very openhearted. But I was in love with Mary. She was a conservative catholic

girl. She was the one that led me to that priest that inspired my spiritual search. So now she returns, and of course, now I must spend time with her, this was my dream, but I felt bad about Kathy. Plus her daughter and I encouraged her to have her daughter live with us.

**W:** How old was the daughter?

**W:** She was five years old. But Kathy, I could tell she was hurt but she did not say anything.

**WP:** Wow!

**W:** And I am spending time with Mary and we are in this intense relationship and it was everything I ever wanted. But now she is into all of these drugs. She is doing coke. My heart was so conflicted. Kathy is just sitting at home with her daughter patiently.

**WP:** Yeah! Wow! Sounds like a very painful place.

**W:** And she's not freaking out. I had this epiphany. I called Mary, and told her, "I love you, but I can't be with you. I went back to Kathy and her understanding and patience inspired me to get married.

**WP:** That is fantastic!

**W:** Yes, and we immediately had my daughter. Unfortunately, the karma changes. My dream was to always sing and through the spiritual practice and the marriage, I developed the confidence and security within myself to go for it.

**WP:** So you hadn't been singing for quite a while? So how old were you at this point?

**W:** I was like in my early 20's and one of my friends was the road manager with the band Chicago. We decided to put this band together. It was my first band and his first band.

**WP:** Very cool. What was the name of the band?

**W:** I think the first band was called Points. We put this band together and we found this drummer that had played



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# Wayne Perry

## Author, Musician, Spiritual Teacher & Sound Healer

He is one of the leading authorities on vibrational sound therapy. He's been featured on CBS and CNN News and numerous other shows.

*Interviewed by Tony Camacho*



**WP:** Take us back to your early childhood. You've shared you were four years old and you began singing at weddings.

**W:** Yeah, I started singing at Italian weddings for a dollar. I was six and I was on *The Amateur Hour*, a TV show. When I was about seven or eight I got stage fright, terrified, due to my father. He was real aggressive with me.

**WP:** A task master it sounds like.

**W:** Yeah, I turned everything within. My mother was a dancer and I have always been very close to my mother, both of my parents have passed now. Mother taught me how to dance. And it gave me confidence.

**WP:** Oh, very nice!

**W:** And I got a lot of girlfriends.

**WP:** O.K. That was a good thing. So there you were singing and dancing. Did you wear a costume? Did you dress in an Elvis outfit?

**W:** Oh no, I was only four, I was just singing. I stopped, I was too shy.

**WP:** That's interesting, the dancing didn't bother you but the singing did.

**W:** The male dancers got all the girl friends all the way through to high school. I finally got in to the boys chorus. I could hide out there. I became a featured soloist. When I got out of high school I studied music.

**WP:** So high school was pretty typical, there was nothing spectacular.

**W:** There is something that we should discuss, being a rebel kid at 15 or 16. We had like a fraternity. We would do crazy things, drink and go to wild parties. We went to burlesque theaters and forged our bus passes to get in.

**WP:** Oh, yes, forged the ID. And you enjoyed your outing?

**W:** Yes, we would go back regularly. I got to know the strippers; they were like movie stars to me.

**WP:** Absolutely! Sure! They were way more than movie stars.

**W:** So I got an accelerated start, smoking pot and doing stuff like that.

**WP:** You were on the cutting edge Wayne Perry.

**W:** Yeah, I had a twenty year old stripper girlfriend.

**WP:** So when you came out of high school, did you pursue college?

**W:** Yes, I was in college for a couple of years.

**WP:** What were you pursuing?

**W:** I was a Psychology major and Business Administration minor. I was always a seeker. I started studying the history of world religion, and I started studying Buddhism.

**WP:** Oh, very nice.

**W:** I was a gracious seeker but I was also dropping acid, trying to find God. That led me to Krishnamurti and the Buddhist philosophy, and then the psychological aspect that eventually led me to books about Sound Yoga.

**WP:** Oh, yes, the healing properties of acid and power of sound.

**W:** A book called *Yoga and the Bible*. About the sacred sound current within and that all of life emanated from this. And then I understood karma theory and reincarnation. By the time I was 22 I was initiated into the spiritual path of the sound current. I had a spiritual mentor, in India. I changed my life.

**WP:** How did you come to get connected with a guru in India?